

Thursday: Arrival + Vision Reset

Theme: "Be still and remember why you started."

Schedule

- 12:00 PM – Arrival + Light Lunch
- 1:00 PM – Welcome + Devotional/Prayer Time
- 2:00 PM – Life + Business Reflection Session
- 3:30 PM – Beach Walk & Talk
- 4:30 PM – Set Intentions for the Retreat
- 5:00 PM – Day Ends

Journaling Prompts

1. What were the biggest wins in the past year?
2. What were your biggest lessons?
3. Where do you feel God's presence most in your work and life?
4. What do you want from this retreat? (3 spiritual, 3 personal, 3 professional goals)

Friday: Strategy + Systems Day

Theme: "Work with excellence. Steward with purpose."

Schedule

8:30 AM – Morning Walk + Coffee + Scripture
9:00 AM – Vision Casting for Each Business
11:00 AM – Systems Audit + Delegation Map
12:30 PM – Lunch Break
2:00 PM – Content Creation Power Hour
3:30 PM – Couples Check-In
4:30 PM – Gratitude + Prayer Walk
5:00 PM – Day Ends

Journaling Prompts

1. What's your 1-year and 3-year vision for each business?
2. What daily tasks can be delegated or automated?
3. What do you want your role to look like a year from now?
4. What are you most grateful for in this season?

Saturday: Legacy + Personal Growth

Theme: "Become who you were made to be."

Schedule

- 8:30 AM – Guided Prayer & Journaling
- 9:00 AM – Personal Growth Session
- 10:30 AM – Future Legacy Mapping
- 12:00 PM – Lunch Break
- 1:30 PM – Marriage + Business Partnership Workshop
- 3:00 PM – Play + Rest Block
- 4:30 PM – Sunset Gratitude Session
- 5:00 PM – Day Ends

Journaling Prompts

1. How has your personal identity grown over the past year?
2. What legacy do you want to leave behind?
3. How can your marriage become a more unified partnership in business and life?
4. What are the top 3 ways you can grow personally this year?

Sunday: Commitments + Send-Off

Theme: "Build on the rock."

Schedule

8:30 AM – Final Morning Devotional
9:00 AM – Create Your Action Map
10:30 AM – Prayer Over Each Other's Callings
11:30 AM – Pack + Wrap Up
12:00 PM – Retreat Ends

Journaling Prompts

1. What will you start, stop, and continue over the next 90 days?
2. What habits will support the vision you've created this week?
3. How will you stay accountable to your commitments?